



Breads & Grains

Bakery Plate house made muffins and pastries 12

Bagel toasted with butter 3
with plain or lowfat cream cheese 5

Cold Cereals varied selections 5
with sliced bananas or seasonal berries 8

Pecan Granola fruit, honey,
local greek yogurt **gf** 9

Fruit, Smoothies & Yogurt

Berries in their Juice the best berries tossed with a little sugar, mint, and orange zest **gf** 8

Yogurt and Seasonal Berries the best berries with local greek yogurt **gf** 10

Grapefruit Brulee citrus curd, turbinado sugar glaze **gf** 8

Green Smoothie spinach, pineapple, apple cider 8

Berry-Banana Smoothie raspberries, strawberries, bananas, OJ, yogurt 8

Southern Breakfasts

Cheddar Biscuit & Gravy our pork sausage patty, peppered-milk gravy 11

Baked French Toast croissants, cinnamon custard, buttered cream, blueberry maple syrup 12

Malted Buttermilk Waffle pure vermont maple syrup 10
with toasted pecans 12

Avocado Toast H&F whole grain bread, haas avocado, poached eggs, smoked bacon 13

Farmer's Omelette three farm eggs, charred tomatoes and peppers, white cheddar, pecan bacon 13

Egg White Frittata mushrooms, goat cheese, kale, grana padano, tomato relish, crispy panko **mgf** 12

Steel Cut Oats buttered cream, cacao nibs, toasted seeds, caramelized banana, coconut, date syrup **gf** 10

Hanger Steak & Eggs marble potatoes, 2 farm eggs any style, horseradish cream, charred sweet peppers **gf** 26

South City Specialties

South City Breakfast white cheddar scrambled eggs, geechie boy grits, pecan smoked bacon, chicken or pork sausage, tomato relish **gf** 12

City Ham Benedict local gouda, chive hollandaise, geechie boy grits **mgf** 13

South City Kitchen Waffle candied pecans, caramelized banana, buttered cream 14

Stacked Chicken Biscuit big cream biscuit, chicken cutlet, gouda, pecan smoked bacon, apple butter 14

Beverages

Coffee

Espresso, latte, cappucino

Tea selection of herbal and black teas

Milk whole and 2%

Juices orange, tomato, grapefruit, apple

Almond Milk

On the Side

geechie cheese grits gf 6	egg your way gf 2
smoked bacon gf 5	pork sausage gf 5
toast 5	chicken sausage gf 5
whole grain, rye, semolina, gluten free	skillet potatoes gf 5
fresh seasonal fruit 6	hand cut fries 5
	geechie boy grits gf 5

A FIFTH GROUP RESTAURANTS CONCEPT

South City Kitchen | La Tavola | Ecco | The Original El Taco | Alma Cocina | Lure | Bold Catering and Design
South City Kitchen Avalon is operated by HEI HOTELS

For private & group dining reservations, visit avalon.southcitykitchen.com/privatedining.

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

gf = gluten-friendly preparation as-is. mgf = can be prepared gluten-friendly w/ modification